

Benefit for Special Needs Students

Nonprofit Giving Tree will conduct an afternoon social to make a difference in the lives of special needs kids at Neptune Beach Elementary School from 2 to 5 p.m., May 13. There will be a raffle for LaLaRoe leggings and tops, and bracelets from Nepal. Part of the proceeds support the special needs music program. There will be health sessions, chair massage, yoga, Pilates, activities, music, festivities and fun.



Neptune Beach Elementary has a special wing which includes seven classrooms of moderately to severely handicapped children. These children travel from across Duval County to receive professional, compassionate, state-of-the-art education and care. Despite disabilities that range from Down syndrome, cerebral palsy, Rhett syndrome and blindness to severe neurological issues, these children are full of laughter, joy and smiles.

Location: 1917 Beach Ave., Atlantic beach. RSVP to 305-299-9347 or karenzdemuth@yahoo.com. To donate, visit GoFundMe.com/22gz5rjr.

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newsbriefs

Elka Boren to Hold Healing Circles and Sessions

Panamanian clairvoyant and shaman Elka Boren will offer a Healing Circle at Discovery Yoga, starting at 7:30 p.m., May 26, as well as private healing sessions from May 27 to 29. While in St. Augustine, she will also be teaching the 7 Archangel Activation Code Healer Practitioner Training Course on Sunday afternoon, May 28. Additionally, Boren offers three-hour Chakra Clearing sessions and Shaman House and Business Clearings.

For 25 years in the U.S. and Europe, Boren's workshops, healing sessions and classes have brought deep healing to people's lives in the various realms of relationships, careers, emotional trauma and scores of health-related issues.

Healing circle location: 3 Davis St., St. Augustine. Call Ann Kiyonaga at 904-806-4661 to reserve a place at the healing circle, make an appointment for a personal healing session and to learn more about the Angel course For more information, visit UnityAngelHealing.com.

Awakening Our Spiritual Magnificence

The Center for Spiritual Living Jacksonville shares belief in a world that works for everyone, and strives to participate in humanity's awakening to its spiritual magnificence. They study, teach and practice the golden thread of truth that can be found in all religions and philosophies: there is only one power, one presence in the universe, it is always good, always for us and always available to express through us to the degree that we become aware of its presence.

Their vision includes creating a place for people to thrive by offering classes, building community, practicing meditation, mindfulness and other spiritual activities, and celebrating life at Sunday service. They are different.

Location: University of North Florida campus, 12000 Alumni Dr., Room 1009. For more information, visit CSLjax.org. See ad page 30.

Personal Development Mentoring Program Launches

Freddie Zeringue, an author, publisher, entrepreneur and master coach for more than 28 years, is launching a new mentoring program in May for individuals committed to making a difference in their lives. The one-year program will guide them through a process of identifying patterns, resolving current conflicts and developing proven strategies for success in the primary domains of life.

Zeringue says this limited offering came about as a result of the many requests from individuals to be mentored on everything from relationships and parenting to business and self-development. He will provide individual support and coaching, as well as personalized training to demonstrate marked success across the requested areas of interest.

For more information, call Zeringue at 904-551-4796 or visit FreddieZeringue.com.